

URBAN CULINARY CUISINE CAFÉ OWNER, ROSE M. SAXTON, SELECTED AS A “2010 WOMAN OF THE YEAR”

FOR IMMEDIATE RELEASE

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New Tampa, FL – The Board of Directors of the National Association of Professional Women (NAPW), one of the nation’s largest women’s associations in the country with more than 150,000 members, has selected **Rose M. Saxton, Owner of Urban Culinary Cuisine**, as a **“2010 Woman of the Year”**.



The NAPW inducts professional women -- representing businesses large and small and from a broad array of professional disciplines -- into the association's VIP Membership level. These "Women of the Year" are selected in recognition of the strides they have made in their respective industries, their outstanding leadership, their professional achievements, and for displaying the highest level of support of NAPW's commitment to networking and community involvement. Those selected for VIP Women of the Year are reflective of the dynamic and highly inclusive membership in what is the fastest growing professional women's association in the nation.

Rose was selected by NAPW to this prestigious group of professional women as she juggles a dual-career as a dynamic IT professional and as a restaurant entrepreneur. Rose is a recognized expert in providing guidance and consultation to Executive Management as a Technical Advisor in circumstances involving Digital Media as a critical component. Her seasoned IT background spans work in both large Fortune 500 environments and independent consulting settings. She has made great strides in the IT industry and volunteers to provide access to the world of technology to minority students. She has held technology camps concentrating on robotic technology, provided hands-on demonstrations on creating animated content for the Internet and taught web page design to minority students as well. Rose is now emerging as a business leader in the community with her café, Urban Culinary Cuisine. The café offers upscale American cuisine and also southern cuisine. She and her husband, seasoned Chef John Saxton, are on a mission to educate the African American community on how southern cuisine can be healthy and great tasting. They’ve partnered with the American Heart Association in targeting churches and organizations where the Chef is asked to lecture on healthy cooking, healthy eating and healthy lifestyles.

Rose’s professional profile can be viewed on the National Association of Professional Women’s website at <http://www.napw.com/MemberDisplay.cfm?M=m=Rose-Saxton-10064162>.

About Urban Culinary Cuisine

Urban Culinary Cuisine, an intimate-sized cafe located in Northeast Tampa, provides dine in, take out, phone orders, delivery and full catering services. Catering ranges from sandwiches for a corporate meeting to a full course dinner with china and tablecloths. Urban is known as a soul food café that also offers upscale selections of American cuisine such as Salmon Poached in White Wine and Steaks with a Creamy Red Wine Sauce. Catering services has included providing 2000 servings of exquisite cuisine for the NFL Sanctioned Tailgate Party for the 2009 Super Bowl at Raymond James Stadium.

For more information about Urban Culinary Cuisine Cafe and their upcoming events, please visit www.UrbanCulinaryCuisine.com or call 813-994-3800. For questions, please send an email to UrbanJazzCafe@tampabay.rr.com